Lens Plate Recommendations

About this Guide:

The charts below (and continued on the next pages) list the lens plate and additional hardware (if necessary) that we recommend for some of the most common collared lenses. If your lens is not on the list, please contact us and we will be happy to help you find the proper plate.

We try to suggest a plate that will work for all scenarios, but this is not always possible. The balance point of the lens/camera combination is effected by the weight of the camera body and other accessories attached to the lens and each set up is different.

The plates that we recommend should be long enough to: 1.) properly balance the lens when using our gimbal heads, and 2.) allow room to attach a flash bracket to the plate. In some cases, this means that the plate is significantly longer than the foot of the lens.

NOTE: Other manufacturer's plates may not be long enough or dimensionally compatible in order to properly balance your setup. Check the length of the recommeded plate in our charts for comparison. If your particular setup does not balance properly using our suggested plate, please contact us right away so that we can help you find a more suitable plate.

Canon Lenses	Plate Recommendations for: - Wimberley Head (WH-200) - Non-Gimbal Heads (Ball Heads, etc.)	Plate Recommendations for: - Sidekick (SK-100) - Sidemount Wimberley (WH-200-S)
28-300 IS	P-20	P-20
65 2.8 1-5x macro	P-20	P-20
70-200 2.8 IS I	P-20	P-20
70-200 2.8 IS II	P-10	P-10
70-200 4.0	P-10	P-10
70-300 4.0-5.6 IS	P-20	P-20
100 2.8 macro IS & non-IS	P-20	P-20
100-400 4.5-5.6 IS I	P-20	P-20
100-400 4.5-5.6 IS II	P-10 Mounted in Reverse	P-10 Mounted in Reverse
180 3.5 macro	P-20	P-20
200 1.8	P-20	P-20
200 2.0 IS	P-20	P-20
200 2.8 II	P-20	P-20
200-400 4.0 IS	P-40 (or AP-603 foot)▲	P-40 + AP-900** (or AP-603 foot)▲
300 2.8 non-IS	P-20	P-20
300 2.8 IS	P-30	P-30
300 2.8 IS II	P-20 (or AP-603 foot)▲	P-20 (or AP-603 foot)▲
300 4.0 non-IS	P-10	P-10
300 4.0 IS	P-20	P-20
400 2.8 non-IS	P-50	P-50 + AP-900** *(not compatible w/ WH-200-S)*
400 2.8 IS (ver. I & II)	P-40 (or AP-604 foot)▲	Sidekick: AP-604 foot▲ + AP-900** Sidemount: AP-602****
400 4.0 DO IS I	P-20	P-20
400 4.0 DO IS II	P-20 (or AP-603 foot)▲	P-20 (or AP-603 foot)▲
400 5.6	P-20	P-20
500 4.0 IS (ver. I)	P-40	P-40
500 4.0 IS (ver. II)	P-40 (or AP-603 foot)▲	P-40 + AP-900** (or AP-603 foot)▲
600 4.0 non-IS	P-50	P-50 + AP-900** *(not compatible w/ WH-200-S)*
600 4.0 IS (I & II)	P-40 (or AP-604 foot)▲	Sidekick: AP-604 foot▲ + AP-900** Sidemount: AP-602****
800 5.6 IS	P-40 (or AP-608 foot)▲	AP-608 foot▲

Fuji Lenses	Plate Recommendations for: - Wimberley Head (WH-200) - Non-Gimbal Heads (Ball Heads, etc.)	Plate Recommendations for: - Sidekick (SK-100) - Sidemount Wimberley (WH-200-S)
50-140 2.8	P-10	P-10
100-400 4.5-5.6	P-30	P-30

Can't find your lens on the charts?

Please visit our website (**www.tripodhead.com/products/lens-plates-main.cfm)**

or contact us for plate recommendations for lenses not listed here.

Leica Lenses	Plate Recommendations for: - Wimberley Head (WH-200) - Non-Gimbal Heads (Ball Heads, etc.)	Plate Recommendations for: - Sidekick (SK-100) - Sidemount Wimberley (WH-200-S)
90-280 2.8-4	P-30	P-30

Nikon Lenses	Plate Recommendations for: - Wimberley Head (WH-200) - Non-Gimbal Heads (Ball Heads, etc.)	Plate Recommendations for: - Sidekick (SK-100) - Sidemount Wimberley (WH-200-S)
70-180 micro	P-10	P-10
200 4.0 micro	P-10 (attach w/ two screws)	P-10 (attach w/ two screws)
70-200 2.8 VR (I & II)	P-20 (attach w/ two screws)	P-20 (attach w/ two screws)
70-200 2.8 VR FL	P-20	P-20
80-200 2.8 AF-S	P-10	P-10
80-400 VR (I & II)	P-10	P-10
200 2.0 VR (I & II)	AP-552 foot▲	AP-552 foot▲
200-400 VR (I & II)	P-40 (or AP-551 foot)▲	AP-551 foot▲
200-500 5.6 VR	P-30	P-30
300 4.0 AF & AF-S	P-10	P-10
300 2.8 AF	P-20	P-20
300 2.8 AF-I	P-20	P-20
300 2.8 AF-S (I & II)	P-30	P-30
300 2.8 VR (I & II)	P-30 (or AP-551 foot)▲	P-30 (or AP-551 foot)▲
300 4 PF VR	P-20	P-20
400 2.8 AI-S & AF-I	P-50	P-50 + AP-903** *(not compatible w/ WH-200-S)*
400 2.8 AF-S I	AP-452 foot (mandatory w/ WH-200)	AP-452 foot (mandatory)
400 2.8 AF-S II	AP-452 foot (mandatory w/ WH-200)	AP-452 foot (mandatory)
400 2.8 VR (I & II)	AP-452 foot (mandatory w/ WH-200)	AP-452 foot (mandatory)
400 2.8 VR FL	P-40 (or AP-555 foot)	AP-555 foot + AP-900** *(not compatible w/ WH-200-S)*
500 4.0 AF-I	P-40	P-40 + AP-902** *(not compatible w/ WH-200-S)*
500 4.0 AF-S I	AP-554 foot	AP-554 foot
500 4.0 AF-S II	AP-554 foot	AP-554 foot
500 4.0 VR (I & II)	P-40 (or AP-554 foot)	AP-554 foot
500 4.0 VR FL	P-40 (or AP-551 foot)▲	AP-551 foot▲
600 4.0 AF-I	P-50	P-50 + AP-902** *(not compatible w/ WH-200-S)*
600 4.0 AF-S I	AP-652 foot (mandatory w/ WH-200)	AP-652 foot + AP-900** *(not compatible w/ WH-200-S)*
600 4.0 AF-S II	AP-452 foot (mandatory w/ WH-200)	AP-452 foot
600 4.0 VR (I & II)	AP-452 foot	AP-452 foot
600 4.0 VR FL	P-50 or AP-555	AP-555 foot + AP-901** *(not compatible w/ WH-200-S)*
800 5.6 VR FL	P-40 or AP-555	AP-555 foot + AP-901** *(not compatible w/ WH-200-S)*

Olympus (Zuiko Lenses)	Plate Recommendations for: - Wimberley Head (WH-200) - Non-Gimbal Heads (Ball Heads, etc.)	Plate Recommendations for: - Sidekick (SK-100) - Sidemount Wimberley (WH-200-S)
40-150 2.8	P-10	P-10

Panasonic Lenses	Plate Recommendations for: - Wimberley Head (WH-200) - Non-Gimbal Heads (Ball Heads, etc.)	Plate Recommendations for: - Sidekick (SK-100) - Sidemount Wimberley (WH-200-S)
100-400 4-6.3 OIS	P-30	P-30

▲ -- Replacement feet will be available end of Q3 2017.

** -- Sidekick Shifers and Spacers, see page 19.

**** -- This plate mounts so close to the lens, making it difficult to use as a handle.

...Lens Plate Recommendations *(continued)*

Pentax Lenses	Plate Recommendations for: - Wimberley Head (WH-200) - Non-Gimbal Heads (Ball Heads, etc.)	Plate Recommendations for: - Sidekick (SK-100) - Sidemount Wimberley (WH-200-S)
80-200 2.8 SMC FA	P-20	P-20
250-600 5.6 SMC P-FA	P-50	P-50
300 2.8 MF SMC P-A	P-20	P-20
300 2.8 AF SMC P-FA	P-30	P-30
400 2.8 SMC A	P-30	P-30
560 5.6 DA AW	P-50	P-50
600 4.0 AF SMC P-FA	P-50	P-50

Sony Lenses	Plate Recommendations for: - Wimberley Head (WH-200) - Non-Gimbal Heads (Ball Heads, etc.)	Plate Recommendations for: - Sidekick (SK-100) - Sidemount Wimberley (WH-200-S)
70-200 2.8 G SSM II	P-20	P-20
70-200 2.8 GM	P-20	P-20
70-200 4 G	P-20	P-20
70-400 4-5.6 G SSM I & II	P-20 + BS-100***	P-20 + BS-100***
300 2.8 G SSM II	P-30	P-30
500 4 G SSM	P-40	P-40

Sigma Lenses	Plate Recommendations for: - Wimberley Head (WH-200) - Non-Gimbal Heads (Ball Heads, etc.)	Plate Recommendations for: - Sidekick (SK-100) - Sidemount Wimberley (WH-200-S)
Any lens with a TS-41 Collar & foot	P-40	P-40
50-500 4.5-6.3	P-40	P-40
70-200 2.8	P-10	P-10
80-200 2.8	P-10	P-10
80-400 4.5-5.6	P-40	P-40
100-300 4.0	P-10	P-10
120-300 2.8 OS	P-30	P-30
120-300 2.8 Sport	P-40	P-40
120-400 4.5-5.6	P-30	P-30
135-400 4.5-5.6	P-10	P-10
150 2.8 Macro	P-20	P-20
180 2.8 Macro	P-10	P-10
150-600 5-6.3 Sport	P-50 (or AP-608 foot)▲	P-50 (or AP-608 foot)▲
150-600 5-6.3 Contemporary	P-30	P-30
170-500 5-6.3	P-10	P-10
300 4.0	P-10	P-10
300 2.8	P-20	P-20
300-800 5.6	P-50	P-50 + AP-900** (not compatible w/ WH-200-S)
400 5.6	P-10	P-10
500 4 OS Sport	P-40 (or AP-602 foot)****	P-40 (or AP-602 foot)****
500 4.5	P-50	P-50

Tamron Lenses	Plate Recommendations for: - Wimberley Head (WH-200) - Non-Gimbal Heads (Ball Heads, etc.)	Plate Recommendations for: - Sidekick (SK-100) - Sidemount Wimberley (WH-200-S)
70-200 2.8	P-20	P-20
70-200 2.8 Macro	P-20	P-20
70-210 2.8	P-10	P-10
180 2.8 Macro	P-10	P-10
150-600 5-6.3	P-30	P-30
150-600 5-6.3 G2	P-30	P-30
200-400 5.6	P-10	P-10
200-500 5.6-6.3	P-10	P-10
300 2.8	P-20	P-20

Tokina Lenses	Plate Recommendations for: - Wimberley Head (WH-200) - Non-Gimbal Heads (Ball Heads, etc.)	Plate Recommendations for: - Sidekick (SK-100) - Sidemount Wimberley (WH-200-S)
70-200 4	P-20	P-20
80-200 2.8	P-10	P-10
100-400 4.0	P-10	P-10
150-500 5.6	P-20	P-20
300 4.0	P-10	P-10
300 2.8	P-20	P-20
400 5.6	P-10	P-10